

# The Wall of Change

Inclusive Futures Designed by  
People with Learning Disabilities  
and Autistic People



# Introduction



Heart n Soul are an organisation who support people with learning disabilities and autistic people to be creative.



We have been working on a project called Heart n Soul at the Hub with **Wellcome Collection**.



**Wellcome Collection** is an art gallery and museum in London.



We used our project to find new ways of working together.

Part of Heart n Soul at the Hub was a project called Inclusive Futures.



In Inclusive Futures we worked with people with learning disabilities and autistic people to imagine the future.



We thought about the future from the point of view of people with learning disabilities and autistic people.



We made some designs for things we would like to see in the future.

This is information about Inclusive Futures.



This information explains:

- what we did and how we involved people with learning disabilities and autistic people



- the changes that people with learning disabilities and autistic people would like to see in the future



- what we learned.

# Thinking about the future



**Speculative design** is a way of thinking about:

- what the future will be like and...
- the things we will need in the future.



Most people haven't thought about what people with learning disabilities and autistic people will want in the future.



We used speculative design to think about how we should design good things for people with learning disabilities and autistic people in the future.



We worked with people with learning disabilities and autistic people to do this.



We are going to look at 2 things that we did in the project:

- The Wall of Change



- 2 futuring workshops.



A **futuring workshop** is when a few people meet to think about what might happen in the future.

# The Wall of Change



We made an **exhibition** called The Wall of Change.

**Exhibitions** are where you display art for people, like at an art gallery.



The Wall of Change was an exhibition that people could take part in.

We supported 4 people with learning disabilities and autistic people to design things they would like to see in the future.



We showed the things they made to the public.

Then we asked members of the public to add what they would like to see in the future.



Two hundred and forty-five people added what they thought to the exhibition.

# Futuring workshops



## Inviting people

We thought a lot about how to invite people so they felt involved.



People will feel more involved if we think about what they need to know before they arrive.



We made sure the invite we sent to people included:

- easy read information about where and when the workshop was



- information about what the lights, sound and furniture would be like



- how many people would be coming



- pictures of the people running the workshop



- ways that we had made the workshop accessible, like accessible toilets and a **chill-out space**.

A **chill-out space** is somewhere you can go to relax.



## The workshops

We held 2 workshops for people with learning disabilities and autistic people.



We wanted them to design things that would make the future better for them.



We worked with 33 people.

They started by writing down what they thought.

Then they worked with artists on designing their ideas.





They made them in 3 ways:

- Drawing them using things like paper, card, pens, pencils and crayons.



- Building models using things like cardboard boxes, plasticine and stickers.



- Talking about them.



You can watch people talking about their ideas on this website:

**[www.vimeo.com/399873009](http://www.vimeo.com/399873009)**

# What people wanted to see in the future



We looked at what the members of the public wrote at the Wall of Change.



We also looked at what people wrote and designed at the futuring workshops.

In total, we looked at between 300 and 400 ideas.



We put what they wrote into a computer.

We wanted to know if there were any topics that lots of people wanted to see in the future.



We found that there were some words and topics that lots of people talked about.



The members of the public wrote a lot about:

- disability and accessibility
- climate change
- mental health.



People at the workshops wrote a lot about:

- disability
- hospitals and safety
- opportunities and wellbeing.



Members of the public and people at the workshop both talked about people a lot.



They also talked about change.

# What we learned



We need to think about people with learning disabilities and autistic people when we design things.



When people with learning disabilities and autistic people are involved in designing things, new and interesting questions get asked.



We found that people became more confident telling their stories the more we worked together.



The ideas and designs made can help make the world better for everyone.



We think lots of people want things to change in the future.



We think that this project can help people think about what people with learning disabilities and autistic people want in the future.

# Quotes



These are some of the things that the co-designers said about the project:

Talking about what Inclusive Futures is, Robyn said: “Inclusive Futures is an example of when people really listen to you. Camaraderie - we all work together . . . it’s really important that disabled people are empowered to do things and know that they can change things.”

Robyn also said:

“We are making something not just sitting around talking about it . . . it’s not non-disabled people making something for you, its disabled people making things for other disabled people.”

And talking about what they want people to know about the project, Aysen said:

“Use the information.”

Bobby said:

“It’s a good project.”

Thomas said it was:

“Helping to make things better for everyone.”

Rajah said:

“We need to give people ideas and tell them what’s important for people with disabilities.”

Robyn said:

“Inclusive Futures is about disabled people designing things that work for them and hopefully for other people so that we can all be included in the world.”

Castro said:

“Check it out and see the work that we have done. It gives me the idea that we can change things for the better.”

# For more information



If you'd like to know more about Heart n Soul you can find out more about us at:

- our website:  
**[www.heartnsoul.co.uk](http://www.heartnsoul.co.uk)**



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